

REFERRAL CRITERIA

Professional or parental concern exists regarding a baby/child's (0-3rd birthday) mental or emotional development and presentation.

The parent's issues impact on the parent child relationship.

Despite intervention; professional or parental concerns remain regarding the parent child relationship.

(Parent also refers to main care giver)

HOW A REFERRAL CAN BE MADE

Southern Trust Professionals can refer to i-CAMHS providing the referral criteria is met. Send completed referral form to the CAMHS Teams.

In all cases contact will be made with the referral agent and the Infant's GP and Health visitor.

CONTACT DETAILS



Email all referrals to:

CAMHS.Teams@southerntrust.hscni.net

Bocombra Lodge
2 Old Lurgan
Portadown
BT63 5SG

Tel: 028 3839 2112



Southern Health
and Social Care Trust

Quality Care - for you, with you

i-CAMHS



INFORMATION FOR PROFESSIONALS

"Helping parents understand and respond to their infant's unique way of communicating is probably the most important intervention to the infant's development of a secure attachment."

P Svanberg (2002)

October 2012



Child & Adolescent Mental
Health Services

INFANT MENTAL HEALTH

The World Association for Infant Mental Health defines infant mental health as the ability to develop physically, cognitively and socially in a manner which allows them to master the primary emotional tasks of early childhood without serious disruption caused by harmful life events.

Because infants grow in a context of nurturing environments, infant mental health involves the psychological balance of the infant-family system. (WAIMH Handbook Vol 1)



INTERVENTION

The Southern Health and Social Care Trust offers specialist infant mental health interventions in Step 2 i-CAMHS within the Child and Adolescent Mental Health Service (CAMHS).



i-CAMHS Practitioners provide Multidisciplinary Consultation to Professionals where necessary. Specialist intensive interventions are also provided to babies and young children and their parents or carers.

INFANT MENTAL HEALTH PRACTITIONER

The Practitioner's role is to support the parent in developing their relationship with their baby or young child by providing specialist therapeutic programmes in an effort to improve their interaction and relationship which will promote the baby/young child's mental health.

The Practitioner will forge links with other professionals as appropriate to individual care.

